

What & How to Pray

Matthew 6:9-13 NLT

“Pray like this: Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don’t let us yield to temptation, but rescue us from the evil one.”

Prayer is effective & it’s a difference maker.

James 5:16

“Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.”

Prayer is also beneficial

Romans 8:26

“And the Holy Spirit helps us in our weakness. For example, we don’t know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words.

Ephesians 6:18

“Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.”

“Man is at his greatest and highest when, upon his knees, he comes face-to-face with God.”

Martin-Lloyd Jones

I Thessalonians 5:17 says we should pray without ceasing meaning it’s a way of life!

Prayer is special... it’s a time of recollection –
Take a moment to put your hand over your mouth...